


## A Prayer to Empower Moms

Lord,  
Some days this Mama gets tired.  
So tired, in fact, that I just  
won't know what to do except...  
set my face before You.  
When I come to You in prayer,  
I must first whisper "Thank You."  
Thank you, Jesus, for my children...  
Thank you for their energy...  
and their sleep. Well, when they sleep.  
Thank you for their open hearts...  
and sometimes willing hands.  
Thank you for teaching me so much  
about You through them  
and for teaching me so much  
about them through You.  
To be chosen as "mama" is a gracious gift from you.  
May I recognize that gift  
as much on the high-strung days  
as the low-key days.  
May the thought flood my mind with joy and  
my simple thanks  
transform my thoughts  
from weak mommy  
to empowered mama.  
Amen



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