

# Bible Journaling for creative study & worship



Written by Rachel Wojo Templates by Anita Haines



## hello

I am so glad you have taken steps to begin Bible journaling! I pray that journaling in your Bible or Scripture journal will open up a whole new way to spend time with God. There is no "right" or "wrong" way to journal; it is all about the creative journey and discovering what works for you. Whether you are a brand new beginner or an experienced Bible journaler, this booklet is designed to help you experience the process of journaling in your Bible.

Enjoy the journey!

Rachel @ rachelwojo.com

## gather supplies mentes

Gathering supplies doesn't have to mean a special trip to the art supply store or spending extra money. To me, gathering supplies to begin Bible journaling means checking your current art supplies to see what you have on hand. This sample list is what our family already owned:

#### **BASIC SUPPLY SUGGESTIONS**

- Pencil
- Black ink
- Eraser
- Colored pencils (or Crayola twistables)
- Watercolor paints and paintbrush

Gradually after beginning to Bible journal, I developed preferred art supplies. Below you'll find the list I've grown to love.

#### **DETAILED SUPPLY SUGGESTIONS**

- ,5 mechanical pencil
- Zigwriter black ink pen, dual head
- Hi-Polymer Eraser
- Prismacolor Premier Colored Pencils
- Micron pens

Then there are always those little additions that are fun to play with!

#### **FUN ADDITIONS**

- Washi tape
- Highlighters
- Stickers
- Stamps and ink



Bible journaling is simply a form of Bible study. Whether you are using a Bible reading plan, choosing a favorite verse, or working through a devotional, pray and ask the Lord to guide your thoughts as you begin to read.

### Read & Reflect

I like to recommend reading the passage one time through at a normal pace, then reading a second time at a slower pace. Reflect on the passage and note key words or phrases speaking to my heart.

#### Write & Shetch

Use a separate piece of paper or practice journal and write the highlighted phrase or verse on it. Express a thankful heart to God and talk to him about the passage as you craft letters. Sketch your handlettering, doodle art or drawing on the practice page as an outline. This stage is a rough draft for me.

## Handlette zing

Handlettering reflects your personality and from the time you began to learn to write, your letters have reflected who you are and even how you feel. Your own handwriting is a beautiful place to begin to journal and highlight what you are learning from Scripture. If you'd like to begin learning how to artistically enhance your own lettering, below you'll find two excellent resources I recommend:

- The Art of Whimsical Lettering by Joann Sharpe
- Creative Lettering and Beyond by Walter Foster

## Doodling

Doodle art is a fun way to express yourself. Beginning with simple shapes and lines, doodling means sketching as you like. Many times doodling consists of the same basic shape with small revisions or additions as the doodle enlarges. You could begin with a small simple heart and then add a couple curves to the joints. Or start with a simple flower, then slowly add detail. Doodling is creative and there are no right or wrong ways to do it. You simply start to draw and then gradually add more as you freely reflect and think.

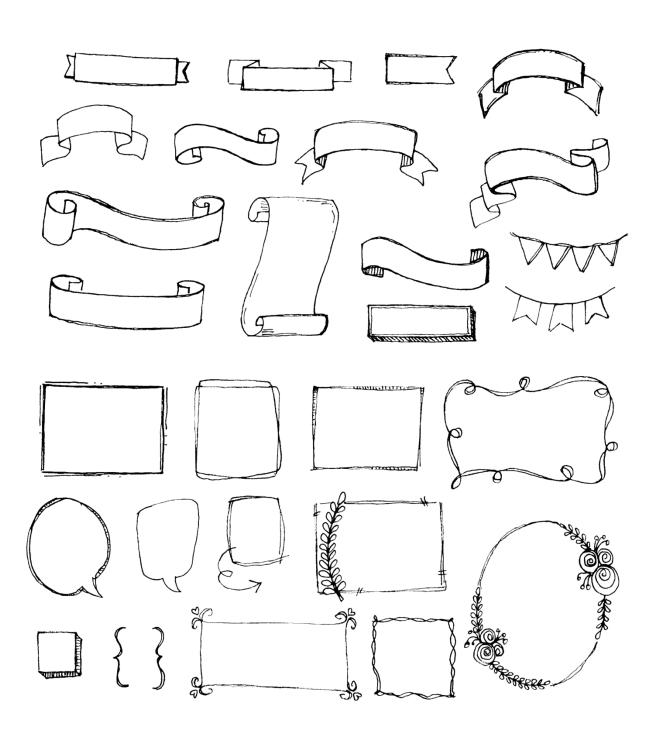


Place the rough draft beside your journaling Bible or blank journal and pencil in the artwork. Erase and correct outline as desired, continuing to meditate and give your thoughts to the Lord. This is where that hi-polymer eraser really comes in handy!

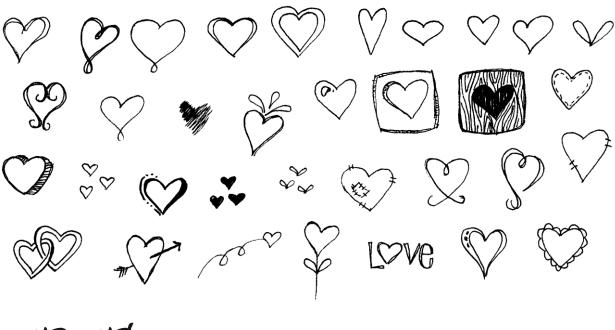
Once you are content with your final sketch, it's time to ink it in. Using black ink or colored pens, outline your lettering. Finish all ink, then color in the basic design. Choose accent colors and shade or accent as desired.

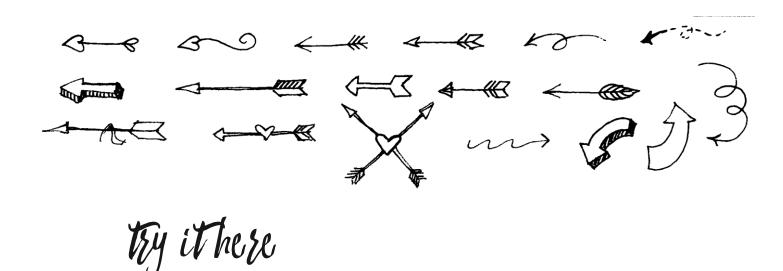
Add any final fun elements you would like, as mentioned in the fun additional supplies. This could be washi tape on the edges or color coordinated stickers to complement your design.

Thank the Lord for the time to focus and meditate on his word. Lift up the work as a love offering and worship to him.

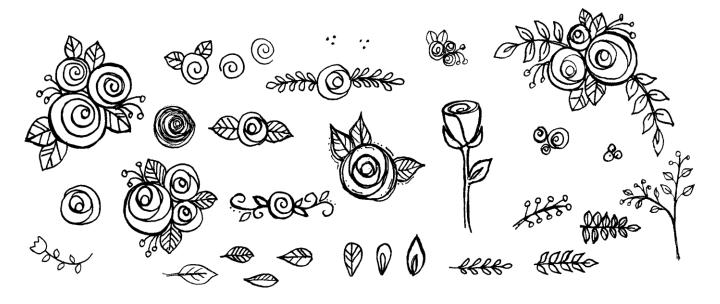












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### tracing examples





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Content Creator of this workbook, Author of One More Step: Finding Strength When You Feel Like Giving Up, blogger, wife, and mama of 7. She has also written a popular six-week daily Bible reading plan for children, now used by more than 4 million people worldwide. Rachel loves reading, running, and teaching God's Word, and of course, Bible journaling. Contact Rachel at <a href="http://rachelwojo.com">http://rachelwojo.com</a>.

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I love what I do and share what I love, as I help others enjoy creativity and worthwhile accomplishments . . . in this I make a difference! Contact Anita at <a href="http://stampwithanita.com">http://stampwithanita.com</a> or stampwithanita@gmail.com.