



How-To Bible Journaling Guide



1. Pray.
2. Read the passage at a normal pace.
3. Read the passage a second time at a slower pace, focusing on each word.
4. Note the phrase or verse that speaks the loudest to me. Highlight it or underline it.
5. Write the highlighted phrase or verse on a piece of paper.
6. Thank God for this word and talk to him about what this means.
7. Place a piece of paper over the journaling Bible section that I want to sketch.
8. Sketch the writing and doodles in crudely on the piece of paper as a basic outline.
9. Relax and meditate on the phrase as I doodle, thinking of words that are similar to the words I'm copying and praising God for his word and this moment in time.
10. Place the paper beside the Bible and pencil in the basic outline into the journaling Bible.
11. Erase and correct outline as desired.
12. Continue to give my thoughts to the Lord, asking him to help me remember this message for today and focus on this phrase for the day.
13. Use a black ink pen to finalize basic outline.
14. Use colored pencils to color in basic design.
15. Praise Jesus for the light and life he brings to the world and for the gift of color.
16. Choose accent colors and attempt shading and accents.
17. Pray a simple prayer thanking the Lord for time to focus and love on him as well as receive his love for me. Ask him to continue to be with me throughout the day in all I do and say.