



The  
Sensational  
*Scent of*  
*Prayer*  
Study Guide  
& Workbook

Rachel Wojnarowski

## ***The Sensational Scent of Prayer Study Guide***

Rachel Wojnarowski

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## ***Contents***

A Note from Rachel	4
How to use this study and study guide	5
Book Reading & Weekly Scripture Reading Schedule	6
Daily Scripture Reading Schedule	7
<i>Week 1</i> Teaching Outline	8
<i>Week 1</i> Journal Pages	10
<i>Week 2</i> Teaching Outline	14
<i>Week 2</i> Journal Pages	18
<i>Week 3</i> Teaching Outline	23
<i>Week 3</i> Journal Pages	26
<i>Week 4</i> Teaching Outline	31
<i>Week 4</i> Journal Pages	35

## ***A Note from Rachel***

Dear Friend,

Thank you for joining in this study on the power of prayer! When the Lord weaved the story of Hannah into my heart over 5 years ago, I knew he had a special plan. Though I never dreamed his plan would unfold the way it has, I prayed for you before you ever knew that you would be participating in this study. I hope you enjoy the guide and Bible reading recommendations. May the sweet perfume of his presence flood your soul as we draw closer to him.

*Rachel*

## ***How to Use the Study and Study Guide***

The Sensational Scent of Prayer, available on Amazon in both ebook and paperback form, is a 10,000 word book covering Hannah, an Old Testament Bible character who is known for her answered prayer of God giving her a child. The book was written as a summary of the Bible study teaching originally completed through a ladies' community Bible study.

This study guide has been written to accompany the book in two forms. One, you may be attending a live teaching event or watching an online video and, as you listen to Rachel speak, you may complete the blanks. If you are unable to attend a live event or watch the videos, you can still complete the study guide by reading through the book. On the next page (page 6), there is an outline of the 4 weeks of reading, to be completed with each lesson.

Secondly, between each week of lessons, five days of prayer journaling pages along with Scripture readings for meditation are available for prayer encouragement. Simply read the suggested Scripture reading and follow the ch@t prayer pattern for your prayer time each day. Feel free to write your prayer in the journaling section, use this section for your thoughts on the Scripture reading, or both. Whatever works for your needs and serves to assist in you growing in your spiritual walk in Christ! If you'd like to use an additional tool to enhance your Scripture reading time, I highly suggest the Simple Bible Study Guide: 4 questions you can use for any section of the Bible available on RachelWojo.com in the Printables section.

# ***4 Week Study Book & Weekly Scripture Reading***

## ***Schedule***

*(Begin reading after the first teaching if following live or via video. Begin reading immediately if completing the guide through the book.)*

***Week 1- Chapters 1-3; I Samuel 1:1-10***

***Week 2- Chapters 4&5; I Samuel 1:11-19***

***Week 3- Chapters 6-8; I Samuel 1:20-28; 2:1-5***

***Week 4- Chapters 9&10; I Samuel 2:6-10; 18-21***

## ***Daily Scripture Reading Schedule***

### ***Week 1***

- Day 1** Psalm 145:18-19
- Day 2** Psalm 141:1-2
- Day 3** I Peter 5:7-11
- Day 4** Psalm 56
- Day 5** James 5:13-16

### ***Week 2***

- Day 1** Matthew 18:18-19
- Day 2** John 15:4-11
- Day 3** Matthew 21:13-16
- Day 4** I John 5:13-15
- Day 5** Matthew 21:21-22

### ***Week 3***

- Day 1** Psalm 62:5-8
- Day 2** Psalm 116:1-4
- Day 3** Psalm 27:6-9
- Day 4** Philippians 4:4-7
- Day 5** Luke 11:9-13

### ***Week 4***

- Day 1** Mark 11:22-26
- Day 2** Hebrews 13:12-15
- Day 3** Psalm 42:1-4
- Day 4** Lamentations 2:17-19
- Day 5** Revelation 5:8-10

# Lesson 1

## **Desperation Point: In Barrenness and Bitterness of Soul**

### *1 Samuel 1:1-10*

1. Hannah was not doing the normal thing for a woman her age in her culture. She was

\_\_\_\_\_.

Webster's Dictionary defines "barren" as "not \_\_\_\_\_" or "not

\_\_\_\_\_."

2. Hannah's husband, Elkanah, loved her \_\_\_\_\_ her barrenness.

What do we know about him from these verses?

a. He was faithful to God in \_\_\_\_\_ and in \_\_\_\_\_.

b. He gave his second wife and all her children \_\_\_\_\_  
\_\_\_\_\_ to sustain them.

c. He gave Hannah a \_\_\_\_\_ portion. Why? Because he loved her so much.

The word "love" here is translated as \_\_\_\_\_.

Who was sinless for us, gives us more than enough to sustain us, and loves us so much that He died for us? \_\_\_\_\_ (John 3:16)

Elkanah is considered to be a "type of Christ."



3. Her adversary, Penninah, provoked her \_\_\_\_\_ (our modern slang for "sore.")

v. 7: Note the phrase "year by year."

4. This provocation made Hannah \_\_\_\_\_. The literal Hebrew meaning of fret is *Raam* which means "tremble." Hannah was not able to \_\_\_\_\_ because of her state of mind.

Consider I Peter 5:8.

5. \_\_\_\_\_ is the One who held authority over Hannah's mind and body.

Consider Isaiah 41:10; Psalm 55:1-7.

6. As a result of the above, Hannah is in \_\_\_\_\_ of \_\_\_\_\_.

Hebrew for "soul" *nephesh* is the \_\_\_\_\_ of your emotions and passions.

Why was Hannah in bitterness of soul?

Lack of \_\_\_\_\_.

Strong \_\_\_\_\_.

Continual \_\_\_\_\_.

7. Ultimately, in her state of desperation, she turns to the Lord \_\_\_\_\_

\_\_\_\_\_ and \_\_\_\_\_.

Hebrew phrase- *bakah bakah* Hannah had reached Desperation Point.





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**c- Cheer God on for who He is:**

*What fact about God makes you glad?*

**h- Humble yourself:**

*If Jesus took a tour of your heart, what would He find?*

**@ Appreciate what He has done:**

*What happened in your life today that you can thank God for?*

**t - Tell God your needs:**

*Where do you need God to work in your life?*



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## Lesson 2

### *Pouring Out the Bitter Soul: The Power of Prayer*

#### *1 Samuel 1:11-19*

1. Hannah's immediate request was "Lord, look on my \_\_\_\_\_ and \_\_\_\_\_ me." The word "\_\_\_\_\_ " in the Hebrew is *zakar*.

This word means:

To \_\_\_\_\_.

2. She continued praying and \_\_\_\_\_ move her voice; for this Eli perceived her to be drunk.

a. First \_\_\_\_\_ are not always as they appear.

b. Often our spiritual condition can easily be \_\_\_\_\_ by our response to \_\_\_\_\_.

c. True prayer warriors may seem \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_ to the world or even to fellow Christians at first \_\_\_\_\_.

3. Hannah explains "I'm not drunk; I have \_\_\_\_\_ my soul before the Lord." Hannah decides: I am not \_\_\_\_\_ continuing to live with this grief.

Lamentations 2:19 - \_\_\_\_\_ lamenting

Psalms 42:1-4 - \_\_\_\_\_ crying

Psalm 62:5-8 - \_\_\_\_\_ coaching

4. Eli confirms Hannah's request to God, though he knows no \_\_\_\_\_.
5. Peace in her \_\_\_\_\_ brought a change in her \_\_\_\_\_.
6. After the return to worship, family harmony and home, the Lord \_\_\_\_\_  
Hannah. He \_\_\_\_\_ a \_\_\_\_\_ of Hannah.

What is the purpose of prayer?

Rev. 5:8, Psalm 141:2

1. To be the \_\_\_\_\_ of communication that holds our personal \_\_\_\_\_  
together with God.
2. To be a sweet \_\_\_\_\_ of His presence in our lives and allow ourselves to  
be \_\_\_\_\_ a memorial for His glory.
3. To give us \_\_\_\_\_, to allow Him to control the \_\_\_\_\_ and  
give \_\_\_\_\_ from oppression.



### **A Prayer for When I Feel Empty**

Dear Father,  
I humbly come before you  
With hollow heart and barren soul.  
Wondering how life can be so full  
And I can feel so empty.  
I poured out all I had today...  
And left no reserves of my own.  
But I'm exactly where You want me to be -  
Empty of self.  
And now I'm asking you to make me  
Full of you.  
I need you to flood the dry places  
And fill the vacant spaces  
So that I can overflow with your love  
And give again.  
Amen

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## Lesson 3

### ***A Standing Ovation: Our God the Rock***

*1 Samuel 1:20-28; 2:1-5*

1. I'm not \_\_\_\_\_ to talk about what God has done for me. (v.1)
2. There is no one like God; His \_\_\_\_\_ and \_\_\_\_\_ exceed any other. (v. 2)
3. God \_\_\_\_\_ your heart. (v. 3)
4. Strong men have been made \_\_\_\_\_ by God's hand and the weak have been \_\_\_\_\_. (v. 4)
5. God has the ultimate \_\_\_\_\_ power. (v. 5)

### **A comparison of Hannah's Second Prayer to the First:**

**The first:**

\_\_\_\_\_ verse

Full of \_\_\_\_\_

One of \_\_\_\_\_

**The second:**

\_\_\_\_\_ verses

Full of \_\_\_\_\_

One of \_\_\_\_\_

## **Hannah's Potential Prayer**

Lord:

I'm sorry that I have to leave my child under the influence of these ungodly men who belong to this man Eli. I wish I could take back my promise but I'm not going to because it wouldn't be right. So just give me the strength to kiss my precious son goodbye because I'll probably never see him again. And Lord, you know what a wicked place this world is, so just help us to do our best. Amen

## **Hannah's Reasons to Praise the Lord**

1. \_\_\_\_\_ (v. 1)

Consider Romans 10:13, Psalm 27:1 and Psalm 89:15-17.

2. \_\_\_\_\_ (v. 2)

Consider Psalm 62:5-8

3. \_\_\_\_\_ (v. 3)

Consider John 17:17

4. \_\_\_\_\_ (v. 4)

Consider Psalm 46:1, Phil. 4:13.



5. \_\_\_\_\_ (v. 5)

Consider Psalm 146

6. \_\_\_\_\_ (v. 5)

Consider Psalm 100:2

Psalm 126:2 \_\_\_\_\_

Acts 16:18-35 \_\_\_\_\_

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## Lesson 4

### *The Princess and the Pauper: From Spiritual Rags to Riches*

*1 Samuel 2:6-10; 18-21*

1. God is in total \_\_\_\_\_ of life and death. (v. 6)

The physical application is evident to us for this verse, but think of the amazing spiritual application! Ephesians 2:1

We are made \_\_\_\_\_ in Christ.

2. God controls the \_\_\_\_\_ status of man and the \_\_\_\_\_ status of man. He also controls the \_\_\_\_\_ status of man and the \_\_\_\_\_ status of man. (v.7)

3. God has the \_\_\_\_\_ to take the worst and use it for the \_\_\_\_\_ . (v.8)

Examples: Joseph, Genesis 50:20

Esther, Esther 4:14

Job, Job 42:10

4. No human strength is a match for God's \_\_\_\_\_ . (v.9)

5. God will tear down His \_\_\_\_\_ and exalt His \_\_\_\_\_ . (v.10)

### **Hannah's Reasons to Praise the Lord**

1. Salvation

2. Security

3. Sanctification

4. Strength

5. Sustenance (Starbucks)

6. Service

7. \_\_\_\_\_ (v. 6)

“bring up”- *alah-* to excel or be superior to

In His superiority, God raises us up to be His \_\_\_\_\_.

8. \_\_\_\_\_ (v.7)

Webster's definition: controlling \_\_\_\_\_ over others



9. \_\_\_\_\_(Inheritance)\_\_\_\_\_ (v.8)

10. \_\_\_\_\_ (v.9)

11. \_\_\_\_\_ (v.10)

Webster's definition: the state of being \_\_\_\_\_  
the control or power of others

Summary of vs. 11-17: Eli had very wicked sons who did not know the Lord.

1. Samuel was left at the house of the Lord to \_\_\_\_\_ there.

Minister is the Hebrew word, "*sharath*," which means to \_\_\_\_\_ or to  
\_\_\_\_\_.

It is an \_\_\_\_\_ verb.

Consider: Psalm 27:14, Isaiah 40:31, Isaiah 30:18, Psalm 130:5.

Sometimes our ministry or \_\_\_\_\_ to the Lord is just being open to  
His will and \_\_\_\_\_ on Him.

2. After reading Hannah's second prayer, we can conclude that she  
\_\_\_\_\_ returned Samuel to the Lord.

We've all heard the phrase "You can never \_\_\_\_\_ God."

But do we really believe that?

3. The Lord \_\_\_\_\_ Hannah and she had three sons and two daughters.

Visited= *paqad* meaning “to \_\_\_\_\_ after or \_\_\_\_\_ for”

### **Hannah’s Prayer Path:**

- 1. Recognizing the point of bitterness**
- 2. Admitting spiritual barrenness**
- 3. Pouring out her bitter soul**
- 4. Allowing God to fill her to overflowing**
- 5. Believing the God of the Impossible**
- 6. Praising God**
- 7. Visited by the Lord**

We all desire a “visit from the Lord” but are we willing to do what it takes to receive that?















**About the Author, Rachel Wojnarowski:**

Rachel is originally a small town country girl who converted to a suburban mother of seven by way of life happening. She and her husband, Matt, enjoy caring for their busy family, whose ages span from 3 to 23 years and includes a special needs daughter. She is a member of the Ohio Writers' Guild and the National MPS Society; and loves to write at *RachelWojo.com* by inspiring extraordinary faith for everyday living. Wife, mom, reader, writer, speaker and dreamer, you can find Rachel on Twitter, Facebook, Pinterest, Instagram and other social media channels @rachelwojo.